



Read online: <https://newsletters.naavi.com/i/xNvyXB5>

St Andrews Christian College Newsletter 2023

Issue 11 · 11 Nov 2016

In this issue



Principal



Notices



Calendar



Junior School



Middle School



Senior School



Parents and Friends



Duke of Edinburgh



Library



Community Notices



Sustainability



Principal

Dear Parents and Friends,

November is a busy time of studying and exams for our students in Middle and Senior School.

For some students exams equate to stress. Some stress can be good as it can actually help motivate students to action. A lot of stress can cause sickness and must be handled well by the family, school and medical professionals.

One of the biggest stress releases is knowing that God is in control – even when we think everything is out of control! It is stepping back and trying to look at the big picture and not get consumed with the ‘bumps’ along the way.

When circumstances are difficult we can claim God's promises and know that with God, there is always HOPE, even when things don't go the way we plan or desire.

“May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.” **Romans 15:13 (NIV)**

“Do not let your hearts be troubled. Trust in God; trust also in me.” **John 14:1(NIV)**

The NIV footnote in the Study Bible says that ‘trust’ is the antidote for a troubled heart.

Blessings on your week,

Catriona

Dr Tim Hawkes in his book "10 Leadership lessons you must teach your teenager" states:

Tips for Less Stress

1. Pray and meditate on God's word

- Focus on Jesus, be thankful and memorise scripture.

1. Be organised and prepared

- Draw up a study timetable, prepare for school (organise school uniform and pack bag the night before). When your child is young they need help and guidance to be organised. But as they get older if the parent does everything for their child, they will not learn how to be responsible.

3. Sleep

- Get at least 9 hours of sleep every night (students).

1. Exercise everyday in some way
2. Laugh (especially at yourself!)
3. Enjoy good relationships and being a friend
4. Be thankful and optimistic

- Find 3 things every night to be thankful about.

1. No 'screen' time at least an hour before going to bed
2. Deep breathing and having relaxation time
3. Do something 'fun'

- Plan something to look forward to.

There is stress out there, and our sons and daughters need to learn to cope with it. If they can't, expert medical help should be sought. There are initiatives to take and attitudes to encourage if our sons and daughters are feeling down.

- **Don't catastrophise.** *Although some people face non-trivial challenges, many have faced similar challenges before and survived.*
- **Be optimistic.** *See the issue as a problem that be can be reduced, if not removed, by taking it a step at a time and a day at a time.*
- **Control negative thoughts.** *Identify them when they come. Stop, relax, breathe the black despair out and inhale pure, life-giving hope.*
- **Learn to be happy now rather than waiting to be happy when...**
- **Look after your health.** *Endeavour to sleep well, eat well and exercise well.*
- **Choose your company.** *Hang around those who love and like you, and those who make you smile.*
- **Don't engage in self-pity.** *Bad stuff doesn't happen only to you. Imagine telling your story to a child-slave working in a brick-pit in India.*
- **Go out and do something nice for someone.** *It can make you feel good.*
- **Squeeze good from the bad.** *Maybe you've stuffed up. Now unstuff! Learn from the event. Make amends. Say sorry. Be wiser. Move on.*



Notices

NAPLAN Results

Each year the Victorian Curriculum and Assessment Authority (VCAA) provides data reports to each school detailing its students' performance in the National Assessment Program – Literacy And Numeracy (NAPLAN) tests. The reports compare the school's performance in each assessment area compared with the state, both in terms of absolute results and the relative growth of the students over each two year assessment

interval. The tests are completed in Term Two by students in Years 3, 5, 7 and 9.

NAPLAN Report 2016:

 Report for pare...

In previous years, it has been found that students at St Andrews Christian College outperform their Victorian peers both in absolute terms and in terms of improvement. The purpose of this report is to assess whether the 2016 data continues these trends. It finds that the vast majority of St

Andrews students remain well ahead of state averages, and are improving significantly across the assessment areas.

Catriona Wansbrough
Principal

2017 Vanuatu Mission Trip

Plans are already underway for the 2017 Vanuatu Mission trip.

Dates:

Friday 30th June – Wednesday
12th July, 2017

Information Night:

Wednesday 23rd

November @ 7:00pm in

Rembrandts. Please RSVP to

Mrs Sally Wade

(swade@standrews.vic.edu.au)

or Mr Andrew Wade

(awade@standrews.vic.edu.au)

if you are planning on
attending.

Application forms:

Available at Reception or Mrs
Wade.

Application form return date:

Forms and deposit need to be
returned by Friday 10th
February.

Important Passport

Information:

You must have your passport
by February 2017, and it must
be valid until January 2018.

Sally and Andrew Wade

Vanuatu Mission

Coordinators

Mission Cup - Coins for Change

We are collecting 'change' to
help support our mission
programs
(Vanuatu/Cambodia/Pakistan)
at St Andrews Christian
College.



Keep the cup in an obvious
place in your home or car, drop
your loose coins into it and if
the cup is full send it to school
to be added to the collection.
The cup will come back to you,
so that you can start filling it up
again.

We hope you enjoy collecting
funds this way, and we are
looking forward to seeing how
these small coins will grow into
a mountain of help over the
coming years.

Sally Wade

Vanuatu Mission Coordinator

Drama Productions in 2017!

Next year, in an exciting new
step for our school, students
will have several opportunities
to perform as part of Drama
Leagues. There will be a Year
10-12 Senior Drama League
and a Year 7-9 Junior Drama
League. . These groups will
each rehearse and perform a
small drama production next
year.

Auditions for the Senior Drama
League are taking place in
week 7 of this term, with the
performance scheduled for late
May next year. Their
production will include
dynamic scenes from
Shakespeare's plays along with
other exciting acts and items.
Auditions are open to current
Year 9-11s, and performers do
not need to be singers!

Auditions for the Junior Drama
League will occur next year, so
stay tuned for more details!

More information is available
from the Performing Arts
noticeboard in Rembrandts, or
through contacting Karen
Elbourne or Kathryn Brown.

Kathryn Brown

**Middle and Senior School
Teacher**

Deputy Principal

**you to put your request in if
you are unable to join us.**

New School App

The school has a new communication app.



The tiqbiz app works on a range of smartphones, tablets, laptops and desktops. It isn't limited to just the iPhone or iPad making it a great tool for everyone.

If you haven't already downloaded the app, we would encourage you to please do so in order that you can receive up-to-date information from the school.

Download the app from tiqbiz.com.au or from the App store or Google Playstore.

Tim Farmilo

Prayer Group

Wednesdays at 8:45am

This year the St Andrews Parent Prayer Group will be meeting every **Wednesday morning at 8:45am** in the meeting room next to the school office.

The St Andrews Prayer Group would like to welcome and invite all parents to come along and join in prayer, with other parents, for the needs of the St Andrews school community.

It is a great opportunity to join in fellowship with other parents.

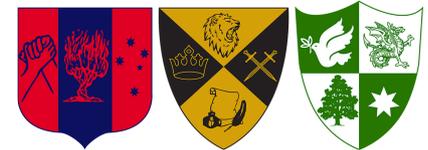
For specific prayer requests, there is a prayer request box at the front reception desk for

We are greatly blessed at St Andrews to have the opportunity to gather together for prayer. As Christians we are called to pray, and we encourage parents to join us. Be reassured that you don't have to pray out loud if you are not comfortable in doing so.

Suzy Song

Prayer Group Coordinator

House Community Points



Barton 515

Deakin 487

Parkes 401



Calendar

Important Coming Events for Term 4 2016:

November

Week 7A

- Monday 14th - Whole School Assembly 8:55am*
- Monday 14th-18th - 2017 Yr12 Orientation Week
- Monday 14th-18th - Yr7-10 Exam Week
- Wednesday 16th - Parent Prayer Meeting 8:45am*
- Wednesday 16th - Yr9/10 Racquet Ball
- Thursday 17th - Yr12 Valedictory Dinner
- Friday 18th - Junior School House Athletics*
- Friday 18th - Yr5/6 Basketball

- Friday 18th - Yr11 Last Day
- Saturday 19th - PFA Bunnings BBQ 8am-4pm*

Week 8B

- Monday 21st – Report Writing Day - Student Free Day
- Monday 21st-25th –Duke of Ed Expedition
- Monday 21st-25th – Yr10 Work Experience
- Wednesday 23rd - Parent Prayer Meeting 8:45am*
- Wednesday 23rd - 2017 Vanuatu Mission Trip Information Night 7pm*
- Thursday 24th - Yr6 Celebration Afternoon
- Friday 25th - Yr4 Hands on Science
- Friday 25th - Junior School Christmas Musical 7pm*

Week 9A

- Monday 28th – Whole School Assembly
8:55am*
- Monday 28th – Yr8 Celebration Day
- Monday 28th – Yr10 METEC
- Tuesday 29th - Yr10 METEC
- Wednesday 30th - Parent Prayer Meeting
8:45am*
- Wednesday 30th-2nd - 2017 Yr10
Orientation Week
- Wednesday 30th -CSEN Primary Athletics
Day

December

- Friday 2nd - Yr4 Graduation - Puffing Billy
- Friday 2nd - Yr6 Paddle Boarding - tbc
- Friday 2nd - Yr7 Celebration Day

** Parents welcome*

Term Dates

TERM DATES FOR 2016

Term 4: Mon 3rd Oct – Tues 6th Dec

TERM DATES FOR 2017

Term 1: Wed 1st Feb– Fri 31st March

Term 2: Wed 19th April – Fri 30th June

Term 3: Monday 24th July – Friday 22nd Sept

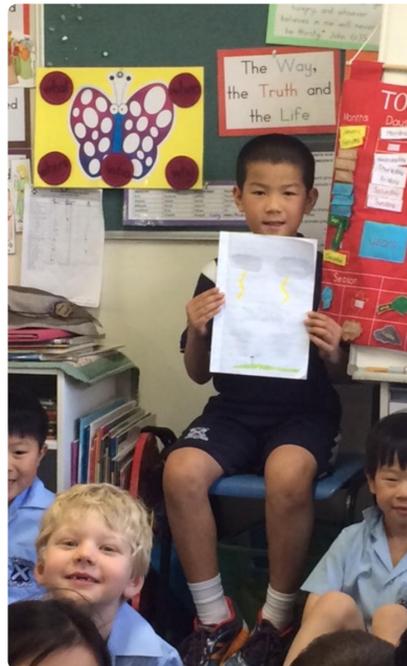
Term 4: Mon 9th Oct – Fri 8th Dec



Junior School

Prep S

The Prep S students loved hearing and seeing some amazing stories written by some 3W students.



Joseph, Dhanush, Serene, Anya and Marcus did a wonderful job planning, writing, editing, publishing and presenting their stories about a storm.

Sonia Sires
Prep Teacher



Middle School

Australian National Chemistry Quiz winners

Well Done Nicholas!

In Term Three students from various levels took on the challenge of entering the Australian National Chemistry Quiz (ANCQ). This required them to answer a range of Chemistry related questions of varying difficulty against other students in the state with all participants receiving a certificate for their efforts.



We congratulate those students who achieved a high enough score for their ANCQ 2016 entry to be awarded a credit or distinction for their efforts, in particular Nicholas

Wu from Year 8 who was awarded a 'Certificate of Class Excellence – 100%' for his outstanding score. What a fantastic result for these students and a great encouragement for them in their future Chemistry studies.

Dr Philip Strack
General Science & VCE
Chemistry Teacher

Year 7 Healesville Sanctuary Zoo

On the 4th of October the Year 7 students braved Melbourne's cold weather to attend Healesville Sanctuary Zoo as part of their focus on classification (the grouping of organisms).



They were told more about how and why various animals are grouped together. Students then witnessed the aerial acrobatics of some of Australia's iconic large birds at the 'Spirits of the Wind' show before having a chance to get closer to the other animals on exhibit throughout the zoo through activities such as: feeding and patting a live Tawny Frogmouth bird, feeding some native Australian parrots and seeing the Tasmanian Devils being fed.

Dr Philip Strack

General Science & VCE

Chemistry teacher

Sport Results

Year 7/8 Rally Day

Girls badminton - 1st place

Isabel Kong and Rachel Woon

Primary inter-Christian school athletics

The Primary inter-Christian school athletics was held this week at Knox athletics track. Overall, St Andrews placed 3rd in a very tough competition that will prepare us perfectly for the CSEN athletics event in a few weeks time.

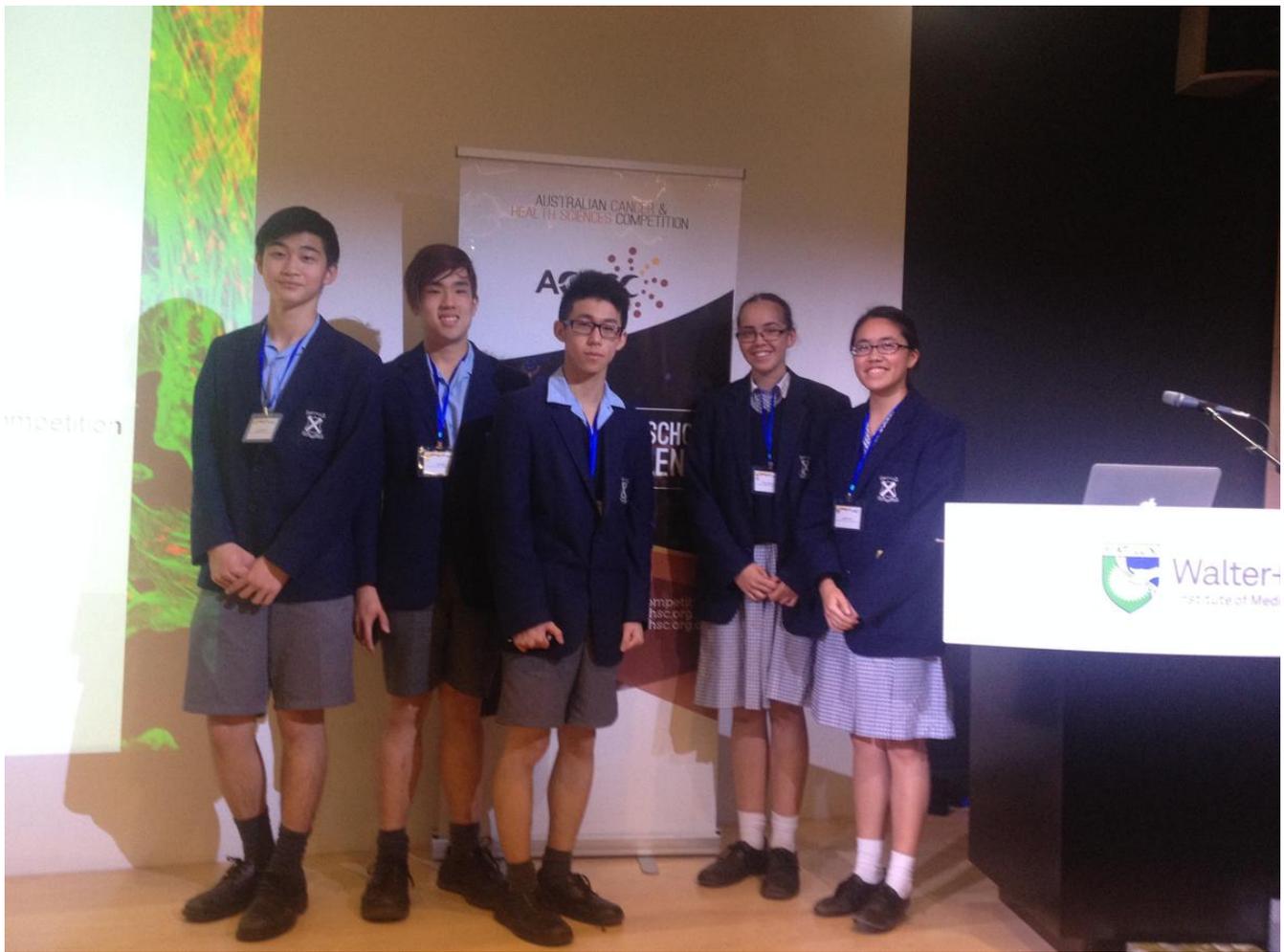


Chavella Tanubrata (Yr6) was the standout performer for the day, coming 1st in 100m, hurdles, and breaking the record in triple jump before breaking it again a second time with a distance of 8.46m, as well as 4th in the 800m and 2nd in the 4x100m relay. Well done Chavella!



Steve Mellody

Head of PE and Sport



Senior School

Yr10 Students at the High School Cancer Challenge 2016

High School Cancer Challenge 2016

Cancer is a group of over a hundred diseases characterised by uncontrolled cell division. Each year, in Australia, 130,000 people are diagnosed with cancer, and, 47,000 die from cancer. It is estimated that by their 85th birthday, 1 in 2 people will have been diagnosed with cancer, and 1 in 5 will have died from cancer.



It is in this context that the Australian Cancer and Health Sciences Competition (ACHSC) was born. The University of Melbourne and the Institute of Medical Research undergraduate and

postgraduate students have developed the High School Cancer Challenge for Year 10 students studying in Victoria. The purpose of the High School Cancer Challenge is threefold:

1. To increase high school students' understanding of cancer
2. To inspire high school students to develop an interest in cancer research

3. To provide a nexus between high schools and the research community

In running the High School Cancer Challenge they aim to nurture a generation of cancer-literate individuals armed with the knowledge to make substantial contribution towards realising a world free of cancer.

Expressions of interest were sought from Year 10 students and five St Andrews students, Tupou Beovich, Brandon Chen, Ian Neo, Hewett Ng and Isabel Yeoh positively responded to this opportunity and attended the full day event on the 27th of October.



Over the course of the day, students listened to some of the country's most respected cancer researchers, learned about cancer from some of the state's brightest university

students, went on a tour of the facilities within one of the world's most prestigious medical research institutes and at the end of the day completed an exam designed to test their knowledge of cancer.

The event was a great opportunity to also meet like-minded students who have the same interest and passion for learning.

"For I know the plans I have for you," says the Lord. "They are plans for good and not for disaster, to give you a future and a hope." Jeremiah 29:11-13

Irena Yevlahova
Careers Coordinator

Cambodia Discovery Trip

This year on December 10th, 10 of us will be setting out on St Andrews' first Discovery Trip to Cambodia with Samaritan's Purse. The team includes Gabby Longden, Ingrid Scheepers, David Anderson, Nicole Jones, Jessica Ireson, Mr and Mrs Wansbrough, Mr Sheahan, Mrs Heath and myself.



During the last two years a large proportion of our college fundraising has been allocated to the primary school at Prasat Rang through Samaritan's Purse. The money will be used to build a toilet block for the school because preventable illnesses from poor hygiene is a major reason for disrupted schooling for children in Cambodia's rural areas. The trip is called a Mission Discovery Trip and the aims are to see the programs and development that the funds we raise go to support and to meet and learn from the Cambodian staff of Samaritans Purse who are using the money to improve the lives of the poor in Cambodia. The Samaritan's Purse staff are Christians and as they work they share what God has done in their lives and live out the teachings of Jesus. Throughout the trip we will learn about the history of Cambodia, visit schools, see projects such as village cooperatives, water purifiers

and improved farming practices and visit organisations dedicated to safe migration and the rescuing of drug addicts. The students will also be involved in a Christmas in a Shoe Box distribution and we will visit the amazing temple at Angkor Wat too.



Please pray for us as we prepare. Pray that the trip will challenge and increase the

student's faith and help them see God at work in his world through dedicated Christians in a culture quite different to our own.

Greg Crotty

Head of Senior School

Careers News

In today's issue of the St Andrews Christian College Careers Newsletter you will find information about university campuses, degrees, programs, pathways and bridging courses.

Education can also make a lasting difference



Careers News ...

If you have a question about a topic featured in the Careers Newsletter, please contact Careers Coordinator Mrs Irena Yevlahova
iyevlahova@standrews.vic.edu.au

Irena Yevlahova

Careers Coordinator

Sport Results

Year 9/10 Rally Day

Boys table tennis - 1st place

Kevin Wang and Ben Huang

Girls badminton - 1st place

Katherine Hiew and Danica Dreyer

Boys golf - 2nd place

Nathaniel Foo



Parents and Friends

PFA Staff Appreciation Morning Tea

PFA AGM

At the AGM this week the following parents were elected to positions for 2017:

President: Shaun Beovich

Vice-President: Sally Wade

Secretary: Lesley Goh

Treasurer: Loeky Kwe

We also welcomed a number of new general committee members and look forward to 2017, continuing to support the school for God's glory!

Shaun Beovich

PFA President

2nd Hand Uniform Shop Sale

For the rest of this term, due to a surplus of uniforms, all items are 50% off. The shop is open every Wednesday morning 8:30-9:30am in Rembrandts.

Liz Romney

2nd Hand Uniform Shop Manager

Parent Choir

The PFA are looking to form a parent choir (teachers also invited) for the Junior School Christmas concert on 25 November 2016 at 7pm in Rembrandts. **This is open to**

all parents, not just Junior School parents.

We'll be singing one carol on the night and so that it is a joyful noise, we have 2 more short practice sessions.

The practices are from 7pm to 7:45pm in Rembrandts and the dates are:

- Friday, 18 November 2016
- Friday, 25 November 6pm (before the concert)

God bless

Eriana Matondang and Loeky Kwe
Parent Choir Coordinators

Staff Appreciation Morning Tea

Thanks to the many parents who supplied morning tea for our wonderful staff.



Kathryn Muggeridge,
Sharon Morris and Fiona

Bligh Staff Appreciation Coordinators

Bunnings BBQ

We have secured a Community BBQ spot for Bunnings Vermont Sth on Saturday 19th November from 8am to 4pm.

If you can help on the day, we are looking for parents to do 2 hour shifts. Please email pfa@standrews.vic.edu.au if you can volunteer.

Shaun Beovich
PFA President

Icy Pole Fridays

Exciting news! A new Dory ice cream is now available at the cost of \$2.20.

Icy poles are available every Friday lunchtime from the kitchen of the Multi Purpose Hall.

Andrew Musgrove
Icy Pole Friday Coordinator

Term 4 PFA Events

- **Sat 19th Nov** - Bunnings BBQ Vermont Sth – 8am to 4pm
- **Fri 25th Nov 7pm** - Junior School Christmas Concert – free BBQ and parent group to sing

PFA Committee 2016

President: Shaun Beovich
 Vice-President: Sally Wade
 Secretary: Lesley Goh
 Treasurer: Loeky Kwe
 email: pfa@standrews.vic.edu.au



Duke of Edinburgh

Commando Course Participants

Duke of Ed – Commando Course

A group of 18 Duke of Ed students, Mr Idrees and I set out on an excursion in beautiful weather, along a kilometre of track winding through the bush. We all participated in a 22 element challenge of various obstacle tasks which required each person to work together as a team, trusting each other and encouraging each other to achieve their

best. We all had a practice lap of the course where students were given a chance to have a go at a particular challenge. After this the group was split into 2 teams and had a race to finish the day.



The excursion theme was being warriors and how we can be warriors for Christ by being bold and courageous Christians in our everyday life. We talked about synergy,

working together, as in the Bible it says together we equal more than on our own. The aim of each team was to help each other, trust each other and listen to each other.



The students were very encouraging to each other and were taken out of their comfort zone which is what they need to do as Christians to develop

their faith. They got wet, crawling through a tunnel, swinging on a rope over a pond and walking across a lake. They were rewarded with a hot shower at the end. What a great team as the acronym, together everyone achieves more, was evident in this group. Well done to all.

Gail van Heerden
Junior School Teacher



Library

Library News

Library Staff: Lynne Marks,
Joanne Edwards, Wai-Peng
Heath

Email:

library@standrews.vic.edu.au

create their own to share with their Prep buddies. Here are a few covers.

OPENING HOURS

Junior Library

Lunchtime Monday

Middle/ Senior Library:

Monday to Friday: Recess and
Lunch

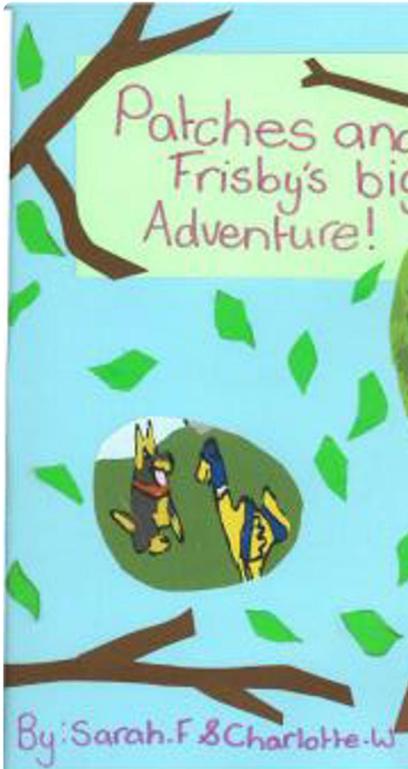
After school:

Mondays, Tuesdays, Thursdays
and Fridays until 4pm.
Wednesdays until 3.45pm.

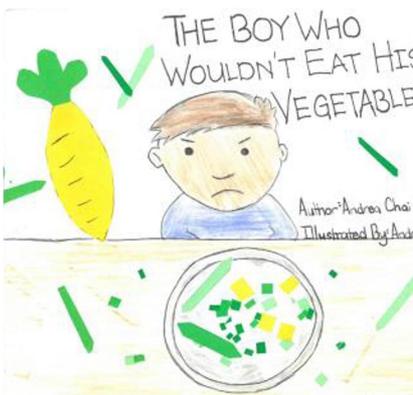
Year 6 library Task



The Year 6 students have been looking at picture story books in their library lessons. To finish the unit, they were asked to



The students will select the St Andrews Year 6 Book Award winner using the criteria they looked at in Term 3. Stay tuned for the results!



End of Year dates

As the year draws to a close, here are a few important library dates to make note of:

Friday 11th November

Year 11 textbooks due back.

Friday 18th November

Year 10 textbooks due back.

Last day for borrowing library or AR books.

Friday 25th November

All books due back.

Library staff will be issuing reminders to students over the coming weeks. Please look in lockers and at home for library books.

What do I do if....

I have lost a library book ?

If a library book is lost, please contact the library staff for a "Lost book" notice. This will give details of the replacement cost. Please take the notice and money to the school office. The office staff will notify the library of payment.

I receive a "Lost book" notice?

If your child receives a "Lost book" notice, it may be because he/ she has told library staff

that the book is missing or the book has been overdue for a few weeks. Please take the following steps:

1. Please look everywhere- at home, in the classroom, at OSHC (Out of School Hours Care) in case the item is there.
2. If you or your child thinks the book may have been returned to the library, please let Library staff know by email, in person or via a note in the diary.
3. Sometimes the item is put back on the shelf without being properly returned. We will look on the shelves and see if it is there. If it cannot be found, please pay the replacement amount, so that a new copy can be bought.

Please note: If the book is found, a replacement cost does not need to be paid.

Lynne Marks

Library Coordinator



Sustainability

Nude Food” Week

In the last week of Term 3, we launched our next Sustainability module of “Waste Management”.

We have been blessed with the help of some students from Deakin University, under the guidance of one of our parents, Liz Weldon.

Our school now has 4 main ways of disposing of waste:

- Yellow paper bins (which are now “Co-mingle” and

can include cans and PET bottles)

- “Soft plastic” recycling bags in each classroom
- Compost buckets in each classroom
- Red rubbish bins which are much smaller and will hopefully be needed less!

The classes were excited to take on the challenge of “Nude Food” and bring no rubbish to school for the final week of Term 3.



Each class took a tally, each day and the class with the least rubbish at the end of the week,

won a prize of pizzas for lunch and ice cream cones.

Congratulations to Year 9G who won (and enjoyed their pizza and icecream earlier this term)!

Year 3M and Year 6L were a very close 2nd and 3rd place, so they were also rewarded with an ice cream party.

Keep up the great work everyone!

Sonia Sires
(on behalf of the Sustainability Team)



Community Notices

Newsletter 11

This section of our newsletter is to give our families information about programs being run by organizations

outside of the school which may interest our school families.

These organisations are not endorsed by St Andrews Christian College.

Asthma

The <https://www.asthmaaustralia.org.au/> website is full of important information relating to asthma.